



Since 1949, table tennis club MvR has been offering everyone in 's-Heerenberg and the surrounding area the opportunity to practice this wonderful sport at their own level, from recreational to competitive player, from young to old(er).

The club in a nutshell...

	Play evenings				
Seniors	Wednesday evening	Sports centre Laco	from 19.30h tot 21.00h* (other times on competition evenings, see		
Youth			van 19.30h tot 20.30h*		

Season: runs from September to June

**Competition:** ttv MvR participates in the Senior Competition of the Gelre department. 1 match per week is played in an autumn and a spring competition, each with 10 matches.

Contribution	Seniors	€ 100,00 per year *
	Youth	€ 50,00 per year*

**Equipment:** the club has perfect competition tables. A table tennis robot is also available for training purposes. If you do not (yet) have your own bat, the club will make it available. Knowledge and experience is available within the club to provide advice regarding the purchase of material.

In the Netherlands, simple table tennis bats are available for beginners at sports shops. Advanced players can also go to *www.posno-tafeltennis.nl* or *www.game11.nl* for appropriate advice.

**Getting acquainted**: it is always possible to get acquainted without obligation by coming along on a game evening. Make sure you wear clean and suitable sports shoes. The club will gladly make its material available.

Information through

- www.ttv-mvr.nl
- contact@ttv-mvr.nl
- secretariat: 0314 665276

\* changes reserved

